

Patient Information

Well adjusted for life!

Date _____

Name _____ I prefer to be called _____

Address _____

City _____ State _____ Zip _____

E-mail address _____

Home Phone _____ Cell Phone _____ Work Phone _____

Birth Date _____ Age _____

Employer/Occupation _____

Who can we thank for referring you to us _____

Emergency Contact

Name _____ Relationship _____

Home Phone _____ Cell or Work Phone _____

Insurance Information

Insurance Company _____ Phone _____

Do you have secondary insurance? _____ Name _____

I hereby authorize and request my insurance company to pay GLC/Dr. Steven Polenz the amount due on my claim for services rendered to me and/or my dependent. I hereby authorize the release of all information necessary to secure the payment of the benefits. I authorize the use of this signature on all insurance submissions. I authorize GLC/Dr. Steven Polenz and whomever he may designate as his assistants to administer care, as he deems necessary.

I UNDERSTAND THAT I AM RESPONSIBLE FOR ALL COSTS OF CHIROPRACTIC CARE REGARDLESS OF THE INSURANCE COVERAGE.

We do not offer diagnose or treat any disease or condition other than vertebral subluxation. However, if during the course of a chiropractic spinal evaluation, we encounter a non-chiropractic or unusual finding, we will inform you. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of a health care provider who specializes in that area. We do not treat disease or offer advice regarding treatment prescribed by others. Our *objective* is to eliminate major interference so that the body can express its innate wisdom. Our *method* is specific adjusting to correct vertebral subluxations.

All questions regarding the doctor's objectives pertaining to my care in this office have been answered to my complete satisfaction and I therefore accept chiropractic care on this basis.

Patient Signature _____

Parent/Guardian Signature _____

Health History

Name: _____ **Date:** _____

Primary complaint: _____

Secondary Complaint: _____

Other Complaints: _____

Please list any complaints and/or injuries you have with the following areas:

Head: _____

Eyes-Vision: _____

Ears-Hearing: _____

TMJ-Jaw: _____

Neck: _____

Upper Back: _____

Shoulders: _____

Arms: _____

Elbows: _____

Wrists: _____

Hands: _____

Middle Back: _____

Chest: _____

Lower Back: _____

Hips: _____

Legs: _____

Knees: _____

Ankles: _____

Feet and Toes: _____

Internal Organs (heart, stomach, etc.): _____

Past Traumas-Injuries: _____

There is nothing more important than your health and that you receive the highest quality care and get the best results possible. TO that end if you would answer all these questions it will help us better communicate what is going on with you and how we can best serve you.

Do you feel you are more; introverted or extroverted? (Please circle one)
Are you more; people oriented or task oriented? (Please circle one)

Please use each number **ONLY ONCE** and follow your first gut reaction to label the following, using 1 (the most like you) to 4 (the least like you)

Quick to anger	_____	Example:	<u> 1 </u>
Optimistic and trusting	_____		<u> 3 </u>
I don't tend to show my emotions	_____		<u> 4 </u>
I may experience fear; I respect rules and go by the book	_____		<u> 2 </u>

Using your gut reaction label the following using 1 through 4. Please use each number **ONLY ONCE**.

I feel the need to direct or challenge	_____	Example:	<u> 1 </u>
I feel the need to verbalize	_____		<u> 3 </u>
I feel the need to serve and accommodate others	_____		<u> 4 </u>
I feel the need to comply with the rules and procedures	_____		<u> 2 </u>